

CAPTAIN'S ROLE

ROLE OF A TEAM CAPTAIN

POSITION: RECREATIONAL ICE HOCKEY TEAM CAPTAIN

AS A TEAM CAPTAIN OF A RECREATIONAL ICE HOCKEY TEAM, YOUR ROLE GOES BEYOND THE ICE. YOU ARE A LEADER WHO SETS THE TONE FOR THE TEAM'S CULTURE AND ENSURES THAT EVERYONE HAS A POSITIVE AND ENJOYABLE EXPERIENCE, REGARDLESS OF THE SCOREBOARD OR RESULT.

1. FUN AND ENJOYMENT

- FOSTER A FUN AND LIGHT-HEARTED ATMOSPHERE WITHIN THE TEAM.*
- SOME CAPTAINS MAY LOOK TO ORGANISE TEAM-BUILDING ACTIVITIES AND SOCIAL EVENTS TO STRENGTHEN TEAM BONDS AWAY FROM THE RINK.*

2. COMMUNITY ENGAGEMENT

- ACT AS A LIAISON BETWEEN THE TEAM AND THE LOCAL HOCKEY COMMUNITY.*
- ENCOURAGE TEAM MEMBERS TO PARTICIPATE IN COMMUNITY EVENTS AND INITIATIVES.*

3. COMMUNICATION

- MAINTAIN OPEN AND EFFECTIVE COMMUNICATION WITH TEAMMATES.*
- RELAY IMPORTANT INFORMATION FROM LEAGUE OFFICIALS TO THE TEAM PROMPTLY.*

4. INCLUSIVITY

- PROMOTE AN INCLUSIVE ENVIRONMENT WHERE EVERYONE FEELS WELCOME AND VALUED.*
- ADDRESS ANY ISSUES OF DISCRIMINATION OR EXCLUSION PROMPTLY AND SENSITIVELY.*

5. SPORTSMANSHIP

- LEAD BY EXAMPLE WITH GOOD SPORTSMANSHIP, ON AND OFF THE ICE.*
- ENCOURAGE RESPECTFUL BEHAVIOUR TOWARDS OPPONENTS, REFEREES, AND TEAMMATES.*

6. MOTIVATION

- INSPIRE TEAM MEMBERS TO GIVE THEIR BEST EFFORT, REGARDLESS OF THE GAME'S OUTCOME.*
- PROVIDE ENCOURAGEMENT AND SUPPORT DURING CHALLENGING MOMENTS.*

7. FEEDBACK

- ENCOURAGE OPEN FEEDBACK AND CONSTRUCTIVE CRITICISM WITHIN THE TEAM.*
- SHARE FEEDBACK WITH THE LEAGUE OFFICIALS AS REQUIRED, TO IMPROVE TEAM EXPERIENCE.*

8. SETTING EXPECTATIONS

- DEFINE AND UPHOLD TEAM VALUES, SUCH AS RESPECT, CAMARADERIE, AND A LOVE FOR THE GAME.*

9. ROLE MODEL

- SET AN EXAMPLE THROUGH DEDICATION, COMMITMENT, AND A POSITIVE ATTITUDE.*
- SHOW ENTHUSIASM FOR THE GAME TO KEEP PLAYERS MOTIVATED.*

10. LONG-TERM ENGAGEMENT

- CULTIVATE AN ENVIRONMENT WHERE PLAYERS WANT TO RETURN WEEK AFTER WEEK, REGARDLESS OF THE GAME'S OUTCOME.*
- CELEBRATE ACHIEVEMENTS, BOTH BIG AND SMALL, TO MAINTAIN TEAM MORALE.*

IN SUMMARY, THE ROLE OF A RECREATIONAL ICE HOCKEY TEAM CAPTAIN GOES BEYOND THE GAME ITSELF. IT'S ABOUT CREATING A WELCOMING AND ENJOYABLE ATMOSPHERE, FOSTERING A SENSE OF COMMUNITY, AND MOTIVATING TEAMMATES TO GIVE THEIR BEST WHILE KEEPING THE FOCUS ON FUN AND INCLUSIVITY. YOUR LEADERSHIP WILL BE INSTRUMENTAL IN ENSURING THAT PLAYERS HAVE A MEMORABLE AND POSITIVE EXPERIENCE IN THE LEAGUE.

